

OJCC E-NEWS

A quarterly newsletter brought to you by the Okanagan Jewish Community Association

VOL. 5779, ISSUE 4

JULY 2019—SIVAN 5779

What's Up In Our Community...



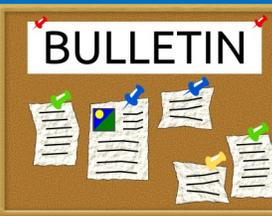
TOP STORIES



COMMUNITY NEWS



UPCOMING EVENTS



BULLETIN BOARD

TOP STORIES



Top news ...

- OJC Annual Golf Classic!
- OJC Annual Picnic!
- OJC's plethora of summer events scheduled

COMMUNITY NEWS



- **LAST QUARTER:**
 - Reports on last quarter's Community Events
- **ONGOING:**

- Okanagan Weekends live online @ OKVR/BPR (Okanagan Valley Radio & Boomer Public Radio)
- Erev Shabbat Kosher Stand @ Chabad on Richter & Wardlaw, Fridays 9-12
- **UPCOMING:**
 - **Intercultural Program**—stay tuned for the next inter-cultural event!
 - **Volunteers** are always needed to help out with Community Events and Programming. If you are interested and available, please contact Steven at stevenfinkleman@hotmail.com.

UPCOMING OJCA EVENTS



- **OJC Golf Classic!**
July 21st @ the Harvest Golf Club.
- **Annual OJC Picnic - July 14th**

- **Coffee, Cake & Cultural Anthropology!** An exciting informative series on cultural anthropology featuring a different topic and speaker at each presentation.
- **Monthly Social Breakfast** for nosh & schmooze'n. First Monday of every month.
- **Monthly Ladies Luncheon** watch your email for date, time & location.
- **Israeli Dancing**—Thursdays @ 6:30 pm @ OJCC
 - *Please watch your email for event details. If you do not have email, please contact the office for further information.*

BULLETIN BOARD

- Advertisements
- Announcements
- Businesses to Support
- Jewish Humour / Wisdom
- Jewish Recipes—Nosh'n Schmooze
- OJCC Gift Corner & Library
- **President's Message**
- Special Notices
- Upcoming Birthdays, Anniversaries and Yahrzeits



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Next edition: October 2019— Elul 5780

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TOP STORIES



- **Canada Day Celebration** - July 1st @ Prospera Place!
- **OJC Annual Picnic** - July 14th @ Bertram Creek Park from 12:00 - 4:00 pm. **Please RSVP by July 9th.** Bring your whole family!
- **OJC Annual Golf Classic** - July 21st @ the Harvest Golf Club.
- **Rosh Hoshana 2019** - another New Year to 5780! Join us September 29th & 30th! Watch your emails for further details.

ONGOING COMMUNITY EVENTS:



- **Israeli Dancing Thursdays @ OJCC**
6:30 - 8:30 pm.

Everyone is welcome, come join the fun!
Contact Miracle of Peace @ (250) 547-8829 or
Israeli.Dancing@outlook.com.



- There are kosher items available at the **"Erev Shabbat" Kosher Stand**. Fridays from 9am-12pm. #Be A Part Of It!! Cash, Cheque or Credit accepted. Visit Chabad Okanagan on the corner of Richter & Wardlaw, contact jewishokanagan.com or (250) 575-5384 for more information.
- Okanagan Weekends live online @ OKVR/BPR (Okanagan Valley Radio & Boomer Public Radio) **Boomer Public Radio** - The #1 Digital Radio Network for delivering News, Information, Stories, Conversations and Entertainment to the world's fastest growing demographic population. Visit www.boomerpublicradio.com.

Reviewing Last Quarter's Events:

- **Peace Walks:** on Knox Mountain & from Stuart Park on **April 6th & 7th**. Thank you to all who participated.
- **Intercultural Events:** April 8th was our second Intercultural event visiting with the **Okanagan First Nation people at the Sncewips First Nation's Heritage Museum in West Kelowna.**



UNITY IN OUR COMMUNITY

The organizers arranged a group tour of the museum with Jordan Cobble, curator. We were then excited to have Lee Claremont, noted First Nations artist, speak to us on cultural aspects of First Nations and at the same time shared with us some of her artwork. Lee Claremont and her husband, Sandy Dore, are well known to the OJC.

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UNITY IN OUR COMMUNITY

Intercultural Event - OJC hosts Muslim Community - June 23, 2019

Members of the Kelowna Islamic Centre visited the OJC on June 23 to learn more about Judaism, exchange knowledge of religious practice, and share a potluck dinner. Both communities have been reaching out to each other and started a formal relationship in February, when OJC members visited the new Islamic centre on Highway 33. OJC President Steven Finkleman explained Jewish prayer books while lay-rabbi Evan Orloff showed people the Torah.



Centuries of misunderstanding evaporated as members of Kelowna's Muslim community visited the Okanagan's only synagogue to learn about the Jewish faith. About 60 people — more than half of them members of the Kelowna Islamic Centre — viewed the Torah up close, listened to a Hebrew psalm and sat in the sanctuary of the Okanagan Jewish Community centre on June 23. In exchange, Hassan Iqbal and his son Musab Hassan stood on the bima to recite from the Koran and sing prayers in Arabic.

The gathering followed a similar event in February, when Muslim members hosted a contingent of Jewish visitors at a get-to-know-you function in the new Islamic centre on Highway 33. Both communities have a mutual desire to look past the history that divides them and forge a longstanding friendship.

"The last thing I want our children to learn (about our relations) is from the news", Rehan Sadig told both congregations. "This kind of meeting is extremely important. We should talk about building bridges."

OJC President Steven Finkleman circulated the group through three stations to inform them about the basics of Judaism. Evan Orloff showed people the Torah and yad, Steven explained the prayer books, and a third OJC member interpreted details of the sanctuary and demonstrated some of the artifacts.

Once everyone sat down, Evan sang L'cha Dodi to the tune of Leonard Cohen's Hallelujah. Steven discussed the importance of loving your neighbour as yourself, from Leviticus. Grant Waldman, on guitar, and Annik Moyal-Waldman sang Shalom Aleichem.

Once Islamic Centre president Mostafa Shoranick made a few thoughtful remarks, Steven announced "let's Eat" and everyone lined up for a sumptuous buffet of Middle Eastern dishes. People mingled as they ate and at least one group of Muslim and Jewish women agreed to meet again.

Over dessert, Rehan and Steven led a discussion on which charities both faith groups could jointly support. Popular ideas were the Kelowna Food Bank, clothes to the women's shelter and winter clothes for children.

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IN REVIEW

Passover Seder April 19, 2019



Our Passover Seder for 2019/5779 was again held at the Harvest Golf Club. It was our largest Seder ever held, with over 120 persons in attendance. Grant and Annik Moyal-Waldman did a great job leading the Seder from the Haggadah while maintaining everyone's focus and interest. Kol Hakovod to you both. Thank-you to the Harvest for great food and great organization and to all those individuals who helped in organizing the event. A special thank-you to all for coming out to join us for this Annual Event. *(Costs partially sponsored by a generous grant from the Jewish Federation of Greater Vancouver)*



“COFFEE, CAKE AND CULTURAL ANTHROPOLOGY” - May 9, 2019

The Coffee Cake and Anthropology series held its third presentation entitled “Pre-biblical Archeology in Israel.”

Participants were treated to a presentation by OJC member Don Plant. Don described his experience on a 2017 archaeological dig in Israel. Through slides and stories, Don explained the history of this Early Bronze Age Site and the neighbourhood inhabited by Canaanite people in 2600 BCE. We learned about the significance of pottery sherds, soil samples and donkey bones that were ritually buried. The evening was a very informative. Those in attendance asked many questions and shared their own experiences. As always, the baking was extraordinary, abundant and delicious. It was a very interesting and entertaining evening.



MONTHLY BREAKFAST MONDAYS

Last quarter's attendance averaged around 18, l'chaim! This has been a great monthly event for us to nosh n' schmooze and get to know each other! Thank you all for joining us!



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OJCC Events:



REVIEW OF LAST QUARTER'S EVENTS

MONTHLY OJC LADIES MEETINGS



• Ladies Group— We are growing ladies! In May, we had our first feature guest speaker, FERN G. Z. CARR, who is a member of both the League of Canadian Poets and the Federation of BC Writers. Her poetry is published extensively worldwide from Finland to Mauritius. She currently has one of her poems orbiting the planet Mars aboard NASA's MAVEN spacecraft. The June luncheon, again at Smack Dab, Manteo Resort, brought 20 women, our largest attendance yet! We will be taking a pause for summer activities. Thank you to all who have come out to join us! Watch your emails for special events and upcoming meetings when we resume in the fall.

COMMUNITY EVENTS:

Monday, July 1, 2019 - Canada Day! - Kelowna Folkfest at Prospera Place

OJC once again participated at Folkfest 2019 for Canada Day.

Our booth again sold MTL Delicatessen Smoked Meat sandwiches along with accoutrements. We received many compliments from the public with regards to our food served and the event helped to place our Community equally among the other cultural/ethnic groups in the city. The OJC Israeli dance troupe, Ruach, again performed spectacularly on stage and well represented our Community.



Thanks to the organizers: Barb Finkleman, Sharon Gitlin and Maureen Mansoor for doing such a great job organizing the event. Kudos to our volunteers: Seymour, Evan, Shelly, Barb Pullan, Gloria, Donna, Diane and Anne for helping out in the booth. Special thanks to Miracle of Peace and all the troupe for their performance on stage. Here's to next year!!



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OJCC Events:



Upcoming Events:

- **Sunday, July 7, 2019 - Men's Night Out at the ELKS STADIUM**
Kelowna Falcons Baseball Game

OJC is desperately in need of a Men's Night Out. Come out and watch the Kelowna Falcons pummel the Walla Walla Sweets (Onions) on Sunday, July 7th at Elks Stadium on Recreation Avenue between Richter and Ellis.

Game time at 6:05 pm. Those interested bring your sun visors, treats, shouting voice, and anything else appropriate for the evening. **Let's meet at 5:45 pm to purchase tickets at the booth.** See you at the stadium!

- **Monday, July 8, 2019 - Breakfast at the Harvest Golf Club - 10:00 am**
- **Sunday, July 14, 2019 - OJC Family Picnic & BBQ - 12:00pm - 4:00pm**
at Bertram Creek Park
- **Tuesday, July 16, 2019 - "Behind Enemy Lines" - Delta Grand Main Ballroom - see the OJC email for details—Door Open @ 6:15pm - Program begins @ 7:00pm**
- **Sunday, July 21, 2019 - OJC Golf Tournament - Harvest Golf Club**



- **Thursday, July 25th, 2019 - Holocaust Education Seminar - Dr. And Mrs. David Zimmerman** will be speaking at the OJCC on the topic of "Teaching about the Holocaust in BC: The Enduring Challenge".

Dr. Zimmerman is on staff at UVIC in Victoria in the Department of History. A known researcher and international speaker on Holocaust studies, Dr. Zimmerman will be talking about some of his research in the area, and his wife leads holocaust education in the Victoria area. We have never had such a topic presented at the OJCC, and it ought to be quite informative. Please come out for this informative and educational event at OJCC at 7:30 pm.

- **Fast of the 9th of Av** —Aug 10th The "[Three Weeks](#)" between the [fast days](#) of [17th of Tammuz](#) (July 21, 2019) and [Tisha B'Av](#) (August 11, 2019) have historically been days of [misfortune and calamity](#) for the Jewish people.

On the 17th of Tammuz, Moses [broke the Tablets](#) after the Sin of the Golden Calf, and the Romans breached the walls of [Jerusalem](#), among other tragedies. On the [9th of Av](#), the nation of the Exodus [cried](#) as a result of the [negative report](#) of the Spies, and [both Temples](#) were destroyed, among other tragedies. We observe various aspects of [mourning](#) during this time.

- **Rosh HaShana**—Sept 30th—Shana Tova 5780!

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OJCC Events:

JOIN US TO CELEBRATE! The 22nd Annual OJC "Golf Classic" Sunday, July 21, 2019 Harvest Golf Course: Kelowna, BC



11:00am Deluxe Brunch
1:00pm Shotgun Start
6:00pm Sit down Prime Rib Dinner

ONLINE REGISTRATION OPEN: Registration fee includes Brunch, Golf and Prime Rib Dinner. Free food and beverages 'on course' provided courtesy of: **The Keg, Milestones, Dairy Queen, Nagging Doubt Winery, SoLo Energy Bars, Tree Brewing Beer Institute and other local cuisines.**

HOLE IN ONE PRIZES:
CAR- BANNISTER GM KELOWNA; RV- VOYAGER RV
\$10,000 CASH - Sam Feldman (Bell Davidson Insurance)
\$25,000 CASH - "MEL KOTLER HOLE IN ONE"

This year we are excited to welcome **Camp Hatikvah** and **Camp B'nai Brith** to our event. In lieu of a welcoming gift to each golfer a donation will be made to each organization's camper-ship program. This will help children enjoy a summer experience who would not otherwise be able to attend.

PUTTING CONTEST: BIG WHITE SKI RESORT: PRIZE includes: 2x 1 Day Winter Lift Tickets, 2x 1Day Bike Park Lift Tickets, Big White logged Adidas long sleeve plus a plethora of balls and swag items. \$350 Value



Please contact David Spevakow @ 250-317-5283
dspevakow@gmail.com; or Mark Golbey 250-868-1782
mark@markgolbey.com

PRIZE: YOU COULD WIN: One roundtrip flight for two guests to any regularly scheduled and marketed WestJet destination*! (*No cash value. Blackout dates and restrictions apply) Please review the email or our website for more details

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UPCOMING Dates To Remember... SPECIAL OCCASIONS, ANNIVERSARIES, BIRTHDAYS, YAHRZEITS.

Thank you for submitting your updates quickly so we can maintain a current list of your special events.



July

David Spevakow	July 7
Dylan Loomer (Faigan)	July 11
Joan Ironstand	July 12
Shelly Orloff	July 14
Zachary Loomer (Faigan)	July 15
Marcia Turner	July 24
Kurt Houliand	July 25
Sandra Blitz	July 30

August

Brenda Edelson	Aug 3
Ofrie Mansoor	Aug 3
Zoe Plant	Aug 9
Evan Orloff	Aug 11
Elohim's Blessing Cripps	Aug 13
Jacob Kalashnikoff	Aug 17
Elaine Goldenberg	Aug 18
Kate Spevakow	Aug 21
Hanna Kolb	Aug 23
Misty Challmie	Aug 24
Barb Finkleman	Aug 26

September

Cindy Segal	Sept 1
Don Plant	Sept 2
Noah Levitan	Sept 10
Mickey Phillip Fisher	Sept 16
Hilla Shlomi	Sept 17
Marian Tizel	Sept 19
Oliver Yanow	Sept 22
Shawn Shlomi	Sept 23
Jacob Tizel	Sept 26
Rose Shapiro	Sept 30



MAZEL TOV

Mazel Tov to Lucie & Ari Anderson on the birth of their granddaughter, Liah Arielle Anderson, on May 22nd in Israel. With this new arrival, they are the proud grandparents of 11 grandchildren!

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YAHRZEITS 5779/2019

*Please note that the Hebrew dates listed below are matched with the corresponding English dates for 2019. **Please accept our apologies if anyone has been missed.** If you wish to add anyone or notice that the date is incorrect, please contact the office at (250) 862-2305



SIVAN

28	Ron Gold	July 1
28	Eve Green	July 1

TAMMUZ

2	Harry Appel	July 5
3	Shelley Wolochow-Halpenny	
7	Benny Mansoor	July 10
9	Jacob Kotler	July 12
25	Mel Kotler	July 28
25	Esther Appel	July 28

AV

7	Manny Pinsky	Aug 8
9	Shirley Evers	Aug 10
10	Lou Feldberg	Aug 11
12	Sam Larry	Aug 13
15	Irmgard Reimer	Aug 14
16	Linda Van Wilde Rode	Aug 17
22	Rose Mandelbaum	Aug 23
28	Moses Bidner	Aug 29
29	David Segal	Aug 30

ELUL

2	Joe Golbey	Sep 2
7	Hyman Yanow	Sep 7
8	Alexander Malkin	Sep 8
10	Minnie Cohen	Sep 10
18	Genia Chwaiewsky	Sep 18
21	Samuel Levin	Sep 21
22	Nazem Iny	Sep 22
26	Golda Bidner	Sep 26
29	Joseph Mohr	Sep 29

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Two Beggars



Two beggars are sitting a few feet apart on a busy street in a notoriously anti-Semitic neighborhood. One has a sign which reads, "Please help a wounded war veteran." The other's sign reads, "Help a poor old Jew."

Hundreds of people pass by during the day. Just to spite the Jew and to show him how unwelcome he is, even those who would never ordinarily give money to a beggar, make a big showing of putting large sums of money into the war veteran's cup.

Finally, a good man passes by, gives money equally to both, and then says to the Jew: "Look, why don't you change your sign? I hate to say it, but people around here don't particularly like Jews. With a sign like that, in this neighborhood, you're never going to get a penny."

When he's out of earshot, the old Jew turns to the "veteran" one and says: "Gib a kik*, Moishe... look who's trying to teach *US* business..."

**Gib a kik: lit, "take a look." Means also, "Get a load of that..."*

Excerpt from <http://www.bubbygram.com/zenjewishhumor.htm>

A young Talmud scholar who left Poland for America returns several years later to visit his family.

"But where is your beard?" "Mama, in America nobody wears a beard"

"But at least you keep the sabbath?" "Mama, business is business. In America people work on the Sabbath."

"But kosher food you still eat?" "Mama, it's very difficult to keep kosher in America."

The old lady hesitates for a moment, and then, in a hoarse whisper, she says, "Shloime, tell me one thing, are you still circumcised?"

Excerpt from "The Big Book of Jewish Humor"





JEWISH RECIPES



HEALTHY SUMMER BROCCOLI SALAD

Ingredients

5-6 cups fresh broccoli florets, VERY finely chopped
1 ¼ cups fresh blueberries

1 cup shredded or matchstick cut carrots
½ cup chopped dried turkish apricots (look for no sulfur added) or sun-dried cherries/ cranberries
1/3 cup finely diced red onion
½ cup finely chopped fresh cilantro
¼ cup finely chopped flat leaf parsley
½ cup toasted sliced almonds
¼ cup roasted sunflower seeds

For the dressing:

3 tablespoons drippy tahini
½ lemon, juiced (about 2 tablespoons fresh lemon juice)
2-3 tablespoons warm water, to thin dressing
½ tablespoon pure maple syrup
1 garlic clove, minced
¼ teaspoon salt, plus more to taste
Freshly ground black pepper

Instructions

1. In a large bowl, add finely chopped broccoli, blueberries, carrots, diced apricots, red onion, cilantro, parsley, toasted almonds and sunflower seeds. Set aside. 2. Make the dressing by whisking together the following ingredients in a small bowl: tahini, lemon juice, water, maple syrup, garlic and salt and pepper. Immediately

drizzle over salad and toss to combine. Garnish with extra toasted almonds and cilantro. Serve immediately or place in the fridge for later. Salad will keep well up to 5 days and is great when made ahead of time.

Nutrition Information

Serving size: 1/4 of recipe Calories: 329 Fat: 18.5g Saturated fat: 2.1g Carbohydrates: 37.0g Sugar: 19.3g Fiber: 11.1g Protein: 11.7g— 4 servings

Recipe by Monique of Ambitious Kitchen at <https://www.ambitiouskitchen.com/healthy-broccoli-salad/> (Vegetarian, Vegan, Gluten Free, Dairy Free, Grain Free)

SUSAN'S ROSH HASHANA HONEY CAKE

Susan Mendelson says customers at her Lazy Gourmet Catering Company in Vancouver have been begging her for this recipe for 25 years.

- 4 eggs
- 1 1/2 cup sugar
- 1 cup oil
- 1 cup honey
- 1 cup strong tea
- 2 1/2 cups flour
- 1 tsp baking soda
- 2 tsp baking powder
- 1 tsp cinnamon
- 1/2 tsp allspice
- 1/4 cloves
- 1/4 tsp ginger

Pre-heat oven to 325 F. Lightly grease a 9 x 10 tube pan with oil, and flour with matzo cake meal. Beat first 4 ingredients together, add tea and lemon. Sift dry ingredients and add. Mix to combine (batter will be thin). Pour into prepared pan. Bake for 1 hr and 15 minutes.

Makes 10-12 servings.

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PRESIDENT'S MESSAGE

5779 has been an interesting and progressive year for the OJC, with numerous, diverse events to suit member's needs. We have intentionally planned a variety of programs serving everyone's interests, with an increase in cultural, social and educational programming; events for both young and old.



Since the Spring newsletter we have had our largest ever Passover Seder skillfully led by Grant and Annik Waldman, two Bat Mitzvahs - Samara Levitan and Adarah Challmie, Don Plant's superb presentation of Pre-Biblical Archaeology in the Holy Land (as part of our continuing Coffee, Cake and Cultural Anthropology series) and have recently hosted the Kelowna Islamic Community at a friendship dinner at the OJCC attended by over 50 persons. The OJC was well represented at the Folkfest/Canada Day with our food booth serving deli-style Montreal smoked meat sandwiches and our Israeli dancers on stage.

Over the next months, we look forward to continuing a diversity of programming, including the Annual OJC picnic, OJC Golf Tournament, an evening on "Teaching Holocaust studies" by a guest lecturer, Harp Psalms which, because of illness, is being rescheduled for September and our High Holidays services ably led by our very own Evan Orloff.

We do need your continuing support to help manage this diversity of programming. Now is the time to renew/join OJC by filling out your membership application. We need your support by becoming members, by attending and participating. There is always a strong need for volunteers to help build and grow our Community. It is only with grass root support that we are able to continue to offer such a variety of programs to satisfy one's unique interests. Be proud of being a member, and of participating in a variety of Kelowna Community programming so we can all well represent our Jewish Community with pride.

Please join today by submitting your membership application for the upcoming 5780. If there is anyone wishing a leadership role or able to volunteer at times with programming or at events, please contact me at stevenfinkleman@hotmail.com.

Best wishes for a great, hopefully smokeless, summer and an upcoming Healthy and Happy New Year.

Steven Finkleman
OJC President

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◆ **SURVEY SAYS:**

We would like some feedback regarding the new electronic newsletter. Please email your responses to the office at admin@OJCC.ca or if you don't have email please call your responses in to the office at (250) 862-2305 thank you.

1. IS THIS E-NEWSLETTER INFORMATIVE?

2. IS THE DESIGN/LAYOUT EASY TO READ? EASY TO UNDERSTAND?

3. WHAT ELSE WOULD YOU LIKE TO SEE INCLUDED?

4. COMMENTS/SUGGESTIONS?

- ◆ Sunshine Seniors: Please contact Barb Finkleman @ whatscooking@babaskitchen.ca if you know of anyone who is 'blue' or unwell, and could benefit from receiving a card, a call, or gesture to uplift their soul/spirit.
- ◆ OJCC Recipe Book— we will resume active solicitation on this project in the fall. Please keep your recipes coming in to Koreann Bracken-Horracks @ skbh@telus.net.
- ◆ The OJC Ladies Group has asked, as a Fall Clean-up project, that we save household items, such as clothes, small appliances, etc. that would normally be given away and bring them to the next meeting and/or to the next services at the OJCC. Shelly and Barb F will then take all of these donations over to the Women's Shelter Store after the next meeting. Peggy suggested that new unopened cosmetics are of great value to the ladies as well.

WE APPRECIATE ALL YOUR EFFORTS! THANK YOU

JUDAICA Corner, Cards, Library, & the TREE OF LIFE

We have Shabbat and Yahrzeit candles available as well as some gift items; miscellaneous cards; a Looney / Twooney Table with various clearance items.

OJCC has an extensive selection of Jewish, travel, cultural books and literary publications for your review. There will be a checkout clipboard in the Judaica Corner if you'd like to check out books or publications.

If you wish to make a donation to have a sympathy card sent out, we will do so for you. The person is advised that there has been a donation made in Memory of their loved one however the amount remains confidential.

If you have a special occasion you wish to honour or want to purchase a leaf In Memory, we have the 'Tree of Life' on the right as you go into the hall and a leaf can be purchased for \$72.00 which will be inscribed appropriately.

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