

OJCC E-NEWS

A quarterly newsletter brought to you by the Okanagan Jewish Community Association

APRIL 2020—NISSAN 5780, ISSUE 3



5780

WISHING YOU A (SAFE AND) HAPPY PASSOVER

CHAG PESACH SAMEACH

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WHAT'S UP IN OUR COMMUNITY...

- TOP STORIES
- COMMUNITY NEWS & EVENTS
- OJCC EVENTS
- BULLETIN BOARD

TOP STORIES

COVID-19— While the current state of affairs is crippling the economy, it is giving us an acute awareness of how much our society depends on ALL the services and supplies we provide and receive in all aspects of our lives, as well as giving technology and courier services a boost! Some old adages come to mind, “Live by the Golden Rule: to treat others as we would like to be treated”, “Cleanliness is next to Godliness” and the “Live, Love, and sometimes we just have to Laugh”! Stay well!

Meanwhile, be cautious and follow the recommendation for infection prevention - good hand washing, avoiding hand contact and embracing, and as the Chief Rabbi of Israel stated last month - avoid touching and kissing the Mezuzah to prevent the spread of infection. This is a true statement. Anyone who is sick, please stay home and follow public health guidelines for infection prevention. Hopefully all will remain in good health with attention to these details.

WISE WORDS:

“Every hand that we don’t shake must become a phone call that we place.

Every embrace that we avoid must become a verbal expression of warmth and concern.

Every inch and every foot that we physically place between ourselves and another must become a thought as to how we might be of help to that other, should the need arise.”

Rabbi Yosef Kanefsky

COMMUNITY NEWS & EVENTS

- **LAST QUARTER:**
- **Limmud Vancouver**
- Coldest Night of the Year (CNOY) Walk
- **Taste of Home Kelowna**
- **Sacred Spaces**
- **UPCOMING:**
- Virtual Passover Seder Online—Wednesday, April 8th, 6:00 pm—emailed instructions
- Stay tuned for virtual Shabbat services.



Okanagan Jewish Community Association
admin@ojcc.ca
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COMMUNITY EVENTS

- **Israeli Dancing Thursdays @ OJCC—6:00—7:00 pm**
SUSPENDED UNTIL FURTHER NOTICE
Contact Miracle of Peace @ (250) 547-8829 or Israeli.Dancing@outlook.com for more information.



- **Jewish Learning Institute (JLI) Workshops—ONLINE—**Contact jewishokanagan.com or (250) 575-5384 for more information. For online courses, visit *myjli.com* for course information. Experience Jewish Learning like never before. JLI makes Jewish learning accessible & personally meaningful to every Jew, regardless of background or affiliation.
- **VIRTUAL CHABAD ONLINE** visit Chabad's Facebook page



Limmud Vancouver was held **Feb 29th—Mar 1st**. Two members of the OJC Community were able to attend after Avril Orloff and her partner gave a presentation last year. What a great opportunity for learning! Favourite classes included Sephardic Tradition, the Portuguese in Amsterdam, Tales of Israel in the formative years, Many Faces of Jewish Music, Songs that Nona Taught me, and Researching a Holocaust legacy. *Other favourites were Breath to Song, Living in Community...* So many topics in culture, music, history, bible study... and so many people to meet.



Coldest Night of the Year was held on February 22, 2020 and is a family-friendly walk that raises money for charities



... serving the hungry, homeless, and hurting people in our community. OJCC participating member raised \$ 200.00. CNOY across the nation, raised a total of \$6,202,475 this year to benefit local



charities and programs.

Let's get a team together for next year! **See you next year on Feb. 20, 2021!**

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COMMUNITY EVENTS

- **February 22nd, 2020** —OJCC was one of 5 Kelowna Sacred Spaces to open its door to the public on Saturday, **February 22nd**. Sponsored by Kelowna Community Resources, a bus load of members of the public were toured by OJC members around 4 different stations: Sanctuary, Torah, Holidays and Shabbat in order to familiarize the public with our traditions and culture. Thanks to Steve Kushmier, Steven Finkleman, Evan Orloff, David Spevakow and Barb Finkleman for their help welcoming the public.



- **February 1, 2020**— The OJCC once again participated in the increasingly successful “Taste of Home” annual event, which is sponsored by Kelowna Community Resources. Our Israeli Dancers were on stage again, as well as serving up a bumper crop of knishes this year!



OJCC EVENTS

- **Purim party on March 9th & 10th**—Grand Prize Winners: Ari and Lucie Anderson were the first prize winners for the Costume Contest at this year’s Purim Party. Attended by about 30, this fun event included reading from our ancient Scroll of Esther, reading from a children’s scroll accompanied by a boisterous, gragger-laden audience, costume parade, Jewish trivia quiz, Israeli dancing and plenty of food, especially Hamantashen. A special thanks to Maureen Mansoor for organizing this great, and very fun, event!!!



- **The Tu B’Sh’vat Seder on February 9th**— About 30 members and friends joined together at OJCC to celebrate this Annual Tu B’Shvat seder. A fun event, consisting of readings, poems, songs and videos concerning the “New Year of Trees”, along with all the special foods (the seven species) which were included in the afternoon seder. Thanks to all who attended and especially to Barb Finkleman who created a Challah and several pastries/desserts utilizing the 7 species mentioned in the Torah.

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OJCC EVENTS



UPCOMING OJCA EVENTS



- **Until further notice, all public and social events have been cancelled or converted to virtual events in order to encourage social and physical distancing to prevent the spread of this virus. Please stay tuned to your emails and check our website often for new and resuming events.**
- **April 8th—Passover** was cancelled—refunds have been mailed out. But our Passover event has been renewed to virtual status! **April 8th @ 6:00 pm**—you will be sent an email with a link to connect to our Virtual Passover Event! :D Hope to see you there! Please let us know if you did not receive the emailed link.
- *Thanks to all those who have participated in the decision making and especially to the Harvest Golf & Country Club for understanding our position of adhering to the BC Public Health Dept's recommendation. Thanks to Grant Waldman and Annik Moyal-Waldman for volunteering to lead the seder again.*
- **Virtual Kabbalat Shabbat Service trial run was held on March 27th via Zoom and was a success with 23 participating!** Thank you Evan for officiating once again and to all who participated. Please watch your emails and our website for virtual online events! Next one was **April 3rd @ 7:00 pm. Watch your emails for Zoom Links.**
- **ADULT CONVERSION CLASSES** - We have seen our membership rise over the past few years, and we have welcomed into our congregation several non-Jews committed to Judaism and who have signalled their desire to convert, as well, there are other members of our community (not official OJC members) who have expressed interest. *(Please review the March 6th & 31st, 2020 memos sent out by Stephen Finkleman).*
- The OJCA Board has decided to sponsor Adult Conversion Classes. The logistics will have to be worked out, so if you are part of this interested group, please keep your eyes and ears open for further developments. The next Board meeting is on April 15th, and this will be one of the items on the agenda for discussion.

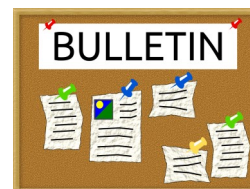
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BULLETIN BOARD

- Advertisements
- Announcements
- Businesses to Support
- Jewish Humour / Wisdom
- Jewish Recipes—Nosh'n Schmooze
- Mazel Tov's
- Obituaries
- OJCC Gift Corner & Library
- **President's Message**
- Special Notices
- Upcoming Birthdays, Anniversaries and **Yahrzeits**



◆ *Mazel Tov to Margarete Zillich from Osoyoos, on this very special birthday!*

◆ *Mazel Tov to Judith Kaplan and Paul Cranson on the birth of their son, Patrick Irving Cranson, on March 19th, 2020 at 2:30 am. Wishing all the best to you and your families!*

it's a Boy

◆ **PLENTY of PASSOVER SUPPLIES NOW at Safeway on Bernard, SaveOn at Orchard Park, and Urban Fare.**

◆ **Sunshine Seniors:** Please contact Barb Finkleman at whatscooking@babaskitchen.ca if you know of anyone who is 'blue' or unwell, and could benefit from receiving a card, a call, or gesture to uplift their soul/spirit.

◆ The OJC Ladies Group has asked, as a Spring Cleaning project, that we save household items, such as clothes, gently-used small appliances, new-unopened cosmetics, etc. that would normally be given away and bring them to the OJCC. Donations will be taken to the Women's Shelter Store.



◆ **TODAH RABBAH TO ALL WHO HAVE PARTICIPATED AND ASSISTED IN MAKING OJCC'S EVENTS AND OUR RABBI SEARCH A SUCCESS! WE APPRECIATE ALL YOUR EFFORTS! THANK YOU**

JUDAICA Corner, Cards, Library, & the TREE OF LIFE

We have Shabbat, Yahrzeit, & Chanukah candles available as well as miscellaneous gift items & cards; and a Looney / Twooney Table with various clearance items.

OJCC Library has an extensive selection of Jewish, travel, cultural books and literary publications for your review. There will be a checkout clipboard in the Judaica Corner if you'd like to check out books or publications.

If you wish to make a donation to have a sympathy card sent out, we will do so for you. The person is advised that there has been a donation made in Memory of their loved one however the amount remains confidential.

"Memory Tree of Life" - If you have a special occasion you wish to honour or want to purchase a leaf In Memory, we have the 'Tree of Life' in the hallway and a leaf can be purchased for \$72.00 which will be inscribed appropriately.

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OJCC BULLETIN BOARD

◆ OJC GOLF CLASSIC is taking a break this summer - HOPE TO SEE YOU IN 2021! THANK YOU FOR THE MEMORIES!

“After 22 consecutive years, we are sorry to announce that the OJC Golf Classic will be taking a break this summer. We would like to thank everyone who has participated, volunteered, donated and sponsored over the years. It has always been such a wonderful day because of your support and enthusiasm. We hope that this will just be a break and that the event will continue in the summer of 2021! On behalf of the entire Golf Committee we wish you a fantastic 2020 and are looking forward to kibitzing and visiting with everyone again soon. Kind regards, Dave and Mark”

◆ OJC wishes to announce its **Annual Bursary** for students who are graduating from High School this year and intend on pursuing further post-secondary education. The applicant can be a child or grandchild of a duly registered paid-up OJC member, and has to be graduating from an Okanagan High School. \$500 of bursary money is made available for the successful applicant. The deadline for submission is **April 30th**. Interested students are asked to submit a letter of application detailing their plans for their post-secondary education.

◆ **HEBREW FREE LOAN ASSOCIATION—FOR MORE INFORMATION, VISIT WWW.HFLA.CA** - If you need us: BORROW; if you know someone who needs us: REFER; if you believe in what we do: DONATE. The Hebrew Free Loan Association of Vancouver (HFLA) is a non-profit organization that seeks to foster economic stability and opportunity amongst low and moderate income members of the Jewish community in British Columbia. We provide access to affordable credit in the form of a 0% interest loan to help our borrowers overcome financial challenges and build better lives. Our mandate is based in Jewish tradition and our goal is to ensure that all members of our community can access the financial support they need to succeed and live happy, healthy lives.

DID YOU KNOW...
**THAT THERE IS A
NON-PROFIT
JEWISH AGENCY
THAT OFFERS
0% INTEREST
LOANS?**

PLEASE CLICK HERE FOR MORE
INFORMATION ABOUT THE
HEBREW FREE LOAN ASSOCIATION



◆ ***Birthright Israel*** is a once in a lifetime gift, that allows young Canadian Jews to engage with Israel, their Judaism, and fellow Jews from across Canada and Israel. At JFC-UIA, our goal is for as many young Canadian Jews as possible to experience and build connections to Israel, and their Jewish communities back home. Our trips, departing in the summer and in late December, are national - meaning (almost) every bus will have participants from coast to coast! Birthright is an incredible engagement tool for you to connect with participants in your communities when they return home, and we are very eager to come visit your community and run a recruitment event for our Summer 2020 trips. We hope to run a Bar Night info session, where potential applicants can come in, schmooze, and have all of their questions answered as they relate to Birthright. The best part? The first round would be on us! For more information please contact Jesse Primerano | Recruitment Manager | Canada Israel Experience, Jewish Federations of Canada - UIA #416-398-6931 Ext. 5343 | jprimerano@ujafed.org

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April

Robert Mohr	Apr 1
Gayle Faigan	Apr 2
Michael Blitz	Apr 3
Dalia Tyk	Apr 4
Stephen Cipes	Apr 10
Sarah Guttormsson	Apr 10
Joshua Tyk	Apr 11
Leigh-Ann Yanow	Apr 13
Margarete Zillich	Apr 14
Mona Steinberg	Apr 22
Alden Westbury	Apr 22
David Blitz	Apr 26

Thank you for submitting your updates quickly so we can maintain a current list of your special events.



May

Felena Sigal	May 5
Ray Turner	May 9
Adam Tizel	May 9
Chloe Yanow	May 10
Chase Golbey	May 16
Ryder Golbey	May 16
Max Steinberg	May 17
Sue Rampone	May 17
Ari Anderson	May 20
Simon Plant	May 21
Jessica Strasberg	May 23
Bria Tizel	May 24
Michele Troup	May 26
Ria Cipes	May 28
Gloria Golbey	May 28
Lynda Chwaiewsky	May-29
Laura Shapiro	May-31
Steve Kushmier	May 31

June

Uri Hess	June 1
Barb Pullan	June 2
Zelda Glick	June 3
Diane Butler	June 6
Maurice Blitz	June 6
Samantha Kushmier	June 10
Murray Gitlin	June 12
Jerry Cohen	June 17
Michael Golbey	June 17
Judith Kaplan	June 17
Esther Cipes	June 26

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YAHRTZEITS 5780/2020



Thank you for submitting your updates quickly so we can maintain a current list of your special events.

NOTE: In 5780 there is no month of Adar II (Leap Year), therefore, the following Yahrzeits were accidentally omitted from last quarter's newsletter. Please accept our sincere apologies. Thank you Lillian Goodman for pointing out this error, and Rabbi Shmuly for clarification! Please remember that candle lighting for Yahrzeits begins the evening before.

NISAN

8	Hans	De Leeuw	Apr 2
12	Bud	Wolochow	Apr 6
13	Helen	Maron	Apr 7
15	Michael	Moore	Apr 9
16	Lynne	Cannon	Apr 10
16	Israel	Oron	Apr 10
17	Doris	Silver	Apr 11
20	Israel	Mandelbaum	Apr 14
21	Nathan	Cannon	Apr 15
25	Shalom	Mansoor	Apr 19
26	Harold	Glick	Apr 20
26	Sybil	Steinberg	Apr 20
27	Ruth	Finkleman	Apr 21
28	Max	Bidner	Apr 22
29	Lily	Share	Apr 23

IYAR

1	Babe	Meyers	Apr 25
2	Moishe	Gitlin	Apr 26
	Muni Samuel		
6	el	Evers	Apr 30
7	Harold	Orloff	May 1
7	Gilbert	Segal	May 1
11	Max	Steinberg	May 5
12	Sara	Kolb	May 6
13	Ben	Bookhalter	May 7
24	Margit	Fleishman	May 18
25	Gerald	Meyers	May 19
25	Sara	Ruby	May 19
27	Harry	Feldberg	May 21

ADAR II

1	Eric	Ruby	Feb 26
12	Claire	D'Avila	Mar 8
19	Sherman	Ratson	Mar 15
21	Maurice	Pockett	Mar 17
21	Sam	Zivot	Mar 17
25	Inge	Dux	Mar 21

SIVAN

2	Harold	Henry	May 25
2	Anita	Nadler	May 25
21	Harold	Jacobs	Jun 13
24	Philip	Holender	Jun 16
26	Jerry	Finkleman	Jun 18
28	Ron	Gold	Jun 20
28	Eve	Green	Jun 20

TAMMUZ

2	Harry	Appel	Jun 24
		Wolochow-	
3	Shelley	Halpenny	Jun 25
7	Benny	Mansoor	Jun 29

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BULLETIN BOARD - JEWISH HUMOUR



“A Jew who has been ship-wrecked on a deserted island for three years is finally reached by rescuers. Proudly, he shows them around the island, points out the irrigation system, the pastures and orchards, the bar, the house, and his other constructions. At the end of the island are two small buildings. “And those, “ he announces, “are the synagogues.”

“Two of them?” he is asked. “but you’re alone here!”

“Well,” he says, “this is the one I pray in—and the other one I wouldn’t go in if you paid me!””

Excerpts from “The Big Book of Jewish Humor” Edited and Annotated by William Novak & Moshe Waldoks



Passover

It seems a group of leading medical people have published data that indicates that seder participants should NOT partake of both chopped liver and charoses. It is indicated that this combination can lead to Charoses of the Liver.

At our seder, we had whole wheat and bran matzoth, fortified with Metamucil. The brand name, of course, is "Let My People Go".

Q: What do you call steaks ordered by 10 Jews?

A: Filet minyan

Q: If a doctor carries a black bag and a plumber carries a tool box, what does a mohel carry?

A: A Bris-kit!

ho ho ho oiy ha ha ho ho hee hee ho ho ho ha ha ho ho ho yeech

www.jewishmag.com



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BULLETIN BOARD - Prayer During Difficult Times

Dear God,



May we all remain aligned with our Higher Self.

May we shine white light upon all our organs and bodily functions of our blessed body, breathing LOVE into every one of our cells and pores.

May we have the courage, strength and wisdom to know in the deepest part of ourselves that ALL good is prevailing upon ourselves, our loved ones and our world.

May joy, peace, beauty, health and abundance reign upon all of us in these earthly realms, now and always.

We give deep thanks for the beauty of our world, the preciousness of family, friends and community, the privilege of doing the work we are honoured to do, the unwavering love and support of our blessed ancestral guides and angels, and for all of Life's generosity and abundance!

With Deep Love,

Submitted by:

Annik Moyal-Waldman

Annik Moyal-Waldman & Grant Waldman are very excited and proud to launch their new private practice, **Healing Works Counselling**, in Coldstream. Offering holistic counselling and coaching services, their mission is to assist you in restoring your inner harmony, while claiming the fullest expression of your joy, freedom and power. Anyone needing psychological and emotional support is welcome to connect with them. Annik & Grant primarily assist those who are aware of the need to heal wounds associated with ancestral trauma (i.e., abuse, addiction, grief, loss, shame and self-worth issues). Thank you!



annik moyal-waldman, m.ed.
annik.healingworks@outlook.com

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BULLETIN BOARD - RECIPES

Passover recipes to delight any palette!

PASSOVER POPOVERS

- * **BOIL:** 1 cup of water, ½ cup of canola oil, 1 TBSP sugar, 1 tsp salt
- * **MIX TOGETHER IN A BOWL:** ¾ cup cake meal, ¾ cup matza meal
- * **Pour the water mixture over the ‘meals’**
- * **Beat in 5 room temperature large eggs one at a time**
- * **Divide evenly into WELL GREASED, HEATED muffin tin**
- * **Bake at 400F for 15 minutes 350F for 30 minutes**
- * **Allow to cool slightly before gently removing from muffin tins**

Popovers can be prepared several days ahead and frozen, well covered

Submitted by Barb Finkleman :)



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PRESIDENT'S MESSAGE



DURING THESE DIFFICULT TIMES.....

The current situation that the world finds itself in is certainly unprecedented in our lifetimes. It is our duty to support public health efforts both **PASSIVELY**, by staying indoors as much as possible and being socially distant. We also need to support one another (both our OJC members and other friends and citizens) **ACTIVELY**, by thinking of one another and helping out those who need assistance.

Social distancing can be very difficult from a mental health point-of-view, particularly for the elderly, those that don't use computers, and those that don't drive. We must be careful to look out for the needs of our fellow human beings.

If indeed there are members of our community who need help, whether it is just to talk and be reassured that others are caring, or whether it be for essential supplies of food and medicine, or for medical sickness, please contact so that we can help you at this difficult time. The office now is being manned twice a week only, on Tuesday and Friday mornings, so if you find yourself in a difficult situation and are lonely and suffering due to isolation, please contact me at home, either by email or by phone. My contact information is at the end of this message.

Similarly, there may be members of our community who are available to help. Help may simply be in the form of telephone contacts or computer contacts with those that are reaching out, or if you feel comfortable and if you are in a lower risk category and available to venture outside for food or medicine, please contact me so that the communication workload can be distributed to those able to help.

During these difficult times, I do believe that our members and friends are finding some degree of consolation and support during our video links. They may be helpful in "keeping us all together during these times of "social distancing". Please keep tuned to weekly emails and the website for OJCC ZOOM webinar announcements! The technology is very simple. Call before-hand if you need guidance on joining the service through the link.

On a final note, refunds for the Passover Seder have already been processed and mailed. If you have not yet received it within a couple weeks, please contact the office.

In the meantime, stay healthy and safe. Follow guidelines from public health and the government during this crisis.

Wishing you all a healthy (especially this year) and happy Passover season.

Kol tov,
Steven Finkleman, President